

Canadian Bilingual School

Bringing Talent to Life

CBS EXPRESS

May 2022

Vol: 7 Issue: 8



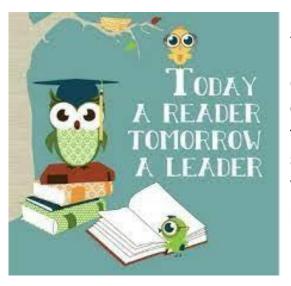
Special days appear throughout the calendar year as a way and means to promote collaboration and develop community. Be sure to check the school calendar and/or the list of upcoming events on the last page of the newspaper for our next special day.

Editor's Note:

Dear Reader, Greetings!

CBS Express – May edition is a collation and celebration of the best works of the entire year. Hope you enjoyed our monthly publication as much as the team loved reading and editing each student article in awe and wonder witnessing the progress our students have made in understanding the structure, vocabulary choice, and eagerness to share their thoughts and ideas verbally and in writing.

Over the summer, we encourage our students, to read every day. Books can take you places you could never imagine; they can provide you with new information; they can challenge your thinking and beliefs; and give you something to say – and write.



As my last editorial, I would like to thank Ms. Monique for bringing life into each edition. I would also like to take this opportunity to thank our teachers for their robust instructional support; our student writers – without whom there would be no publication. Not to miss our parent community, who hand in hand help make our CBS students better readers, and leaders of tomorrow.

Until then, have a wonderful summer vacation!

Stay safe, stay healthy.

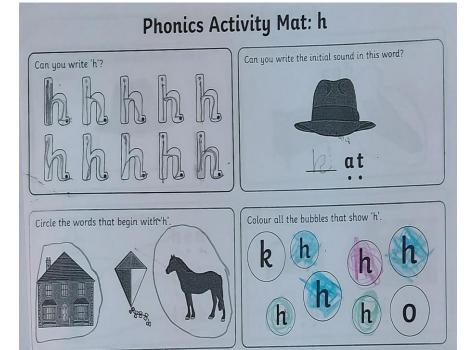
Kirti Sharma

Editor – in – Chief



CBS Little Artists





Farhad Nader JK1

Omar Mohammad JK1

Omar Mohammad JK1

CBS Little Artists

4

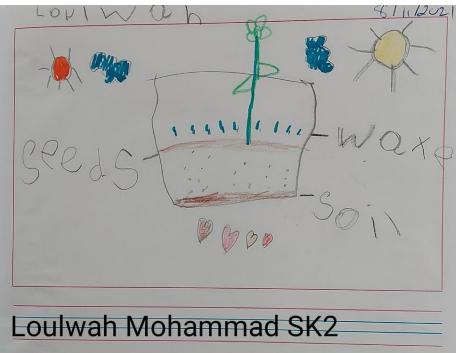


Mohammad Abdulrahman SK2

This report is on dad's car. It's a Gemini, Ithas olive green color. The car has black glass. Now you know all about dad's gemini. Mohammad Abdulrahman SK2



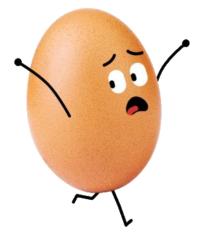
Loulwah Mohammad SK 2



CBS Little Artists

5

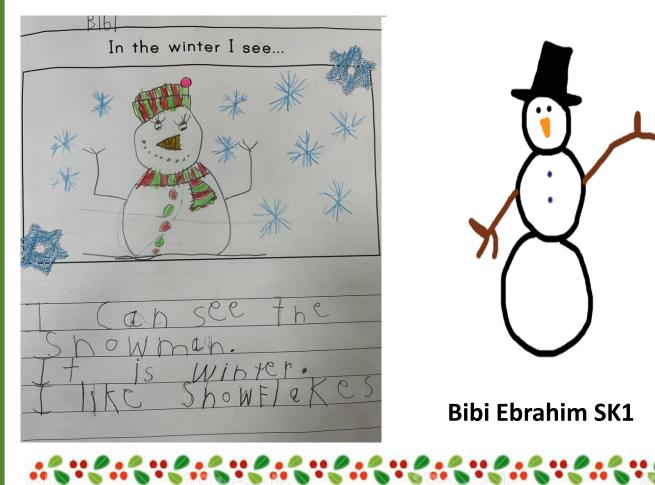






Mubashir Atif JK 2





CBS Little Artists







6



Bader Obaid JK2

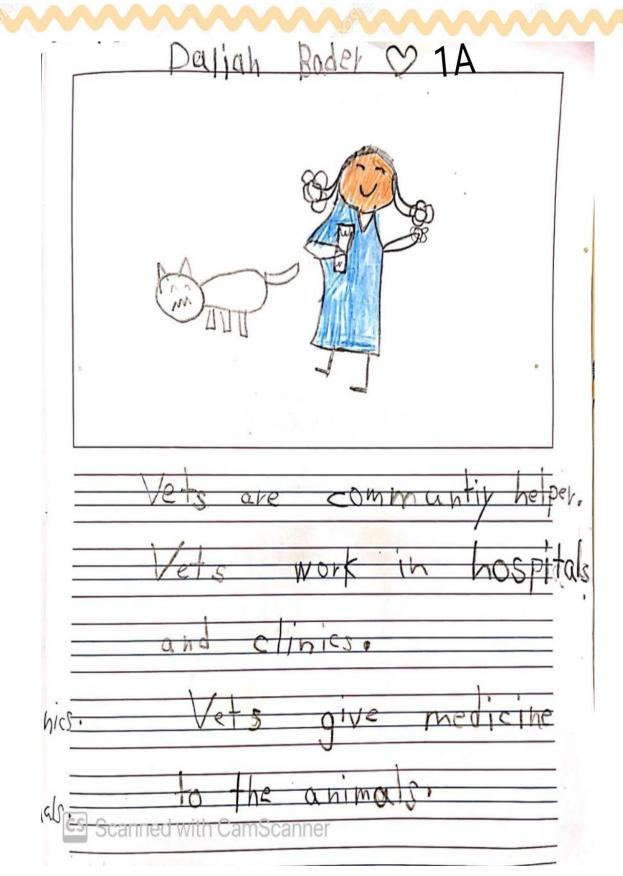
Mariam Abdulaziz SK 2

7

Sun Mod 2131 2021 Mezyan Bader 1C
thinkbullet and a set of the set
How To Makeg ham burger ?
First we gat the Buns .
Next we put Tomator and Lettuce
Cheese Ketchup.
Fhen we fry the hamburger.
After that we put the bunger on the
bun. Finally we eat it.

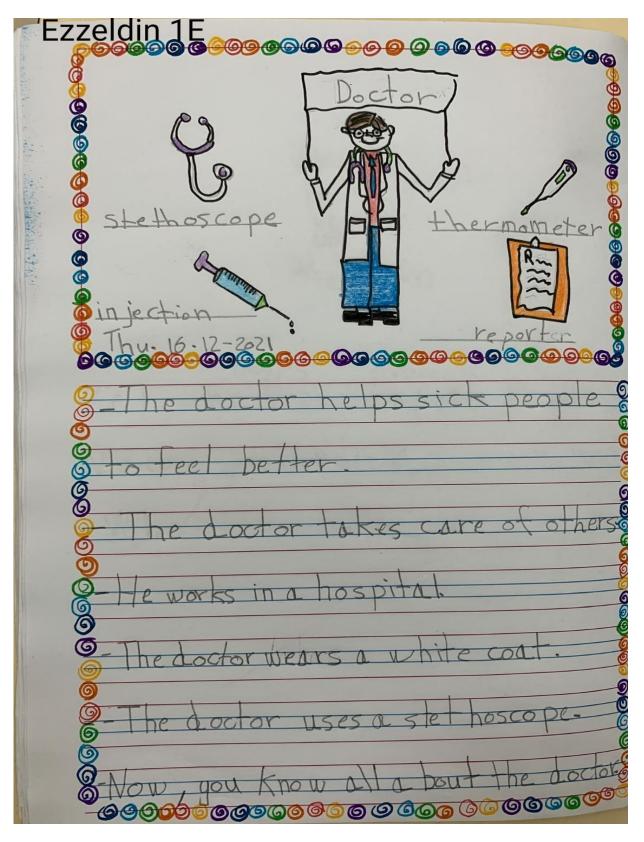
Mezyan Bader 1C

Grade 1 Writing



Daliah Bader 1A

Ezzeldin Hassan 1E





Grade 1 Writing

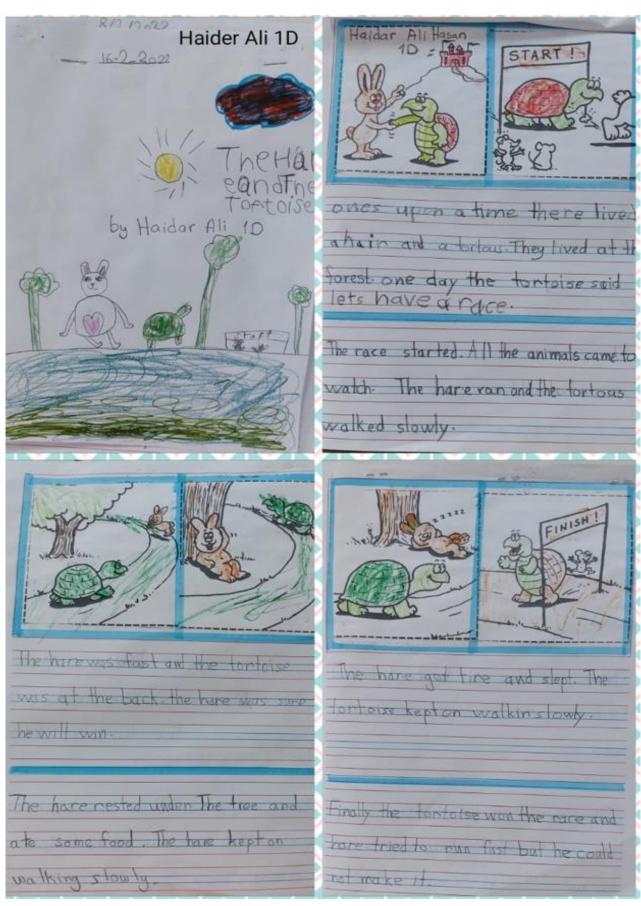
10

Jack and the beanstalk time apon boy called was in cot tag no the radea windown Deans 1CLOP garden Jac im DPO insidea DIC Pe the Saw nar he ala 100 PAY ever 212

Abdullah Al Khalifah 1E

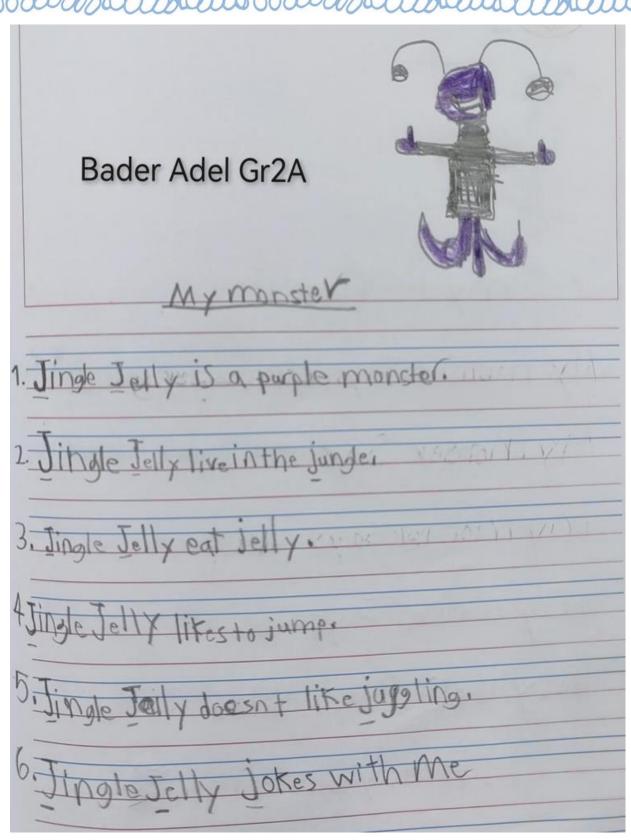
Grade 1 Writing

11



Haider Ali 1D

Grade 2 Writing



Bader Adel 2A

X

XX

X

X

Х

Х

Х

Х

Х

Grade 2 Writing 13 XXXX X X X X X X X X Х / X X Amir Talal Grade 2B make a show man. out 0 D rou can dreht hot m . ay as no boll fight. OU Can Sam Q 0.55. COD 5 Mar **Amir Talal 2B**

Grade 2 Writing

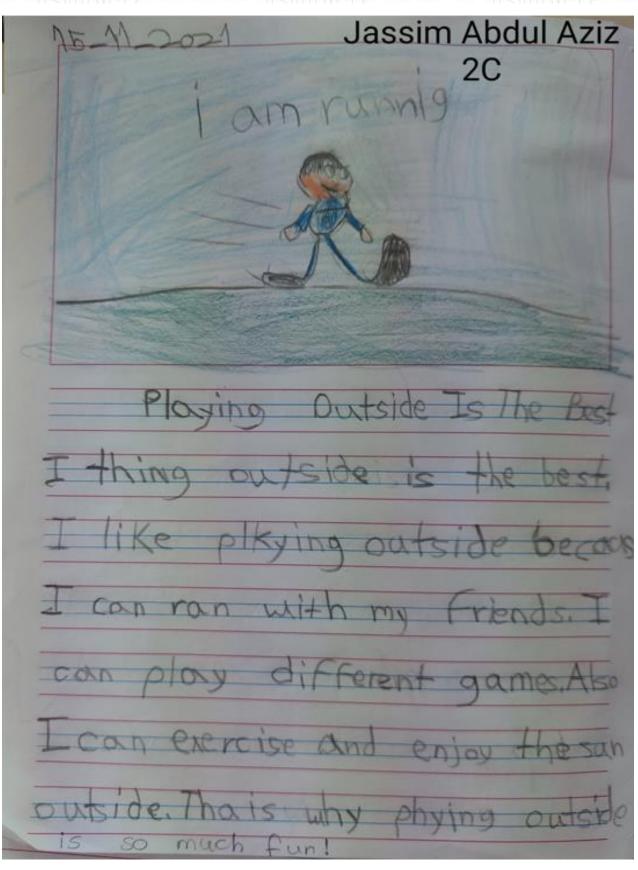
14

Rayan Nasser 2C AAy Best Friend My best frinds nome is Mena. She is Zyo ours old. Shehas brown eyes, and black hair. She likestoda and read books. wish we can be friend

Rayan Nasser 2C

Grade 2 Writing

15



Jassim Abdulaziz 2C

Grade 2 Writing

16

oncelupon a time witch The there Was not Mill her because gin name LISa Who her friend helpes live in the The witch were cas tle. Very angry. The girl wor Had Lisa's friends Dept her Safe from bad for the King and lisa was people. Quech. The girl hada very happy helo She hal when somer crie overy bod into a Fariy When The that was people cried and felt witch gave The witch wanted to loothing for Lisa Their girl So Bill ic and har frlands she could lived happily poureful So that ha everafter one Could happy be Danah Talal Gr2B **Danah Talal 2B** Once working a time there were The poor man got to sleep two boxs named Alex and dake was day the pair evillings they were brothers Nake. and they lived in any big Evanted to get food housel or got lock the door and Jake a of to Aely and they "Put traps on the house the next day Alex and clarke and got back to the F DI ONTENA poor mans house wake up and they wanted to Play outside when they and the pear man got outside they see a wanted to take flex poor Man They come so he wanted to alex and the Poor mon fait and tim and hep him Alex and Jake and the Alex ghd lak ive our man got inside the happing ever afterhouse and let eat then dex and dake sleeping Abdelrazzaq Ibrahim Taked Jake poor an an 2D house and Made Abdulrazzaq Ibrahim 2D

Dear Ms. Mary,

In my opinion, you should get us a classroom pet like a dog or a cat. Firstly, we want to play with it and give it food. Moreover, we will take him out with us during recess. Furthermore, we will play fetch it and keep him busy. Additionally, we will take care of it by giving him dog food or cat food and water. Finally, we will give it a toy to play with, like a squishy ball, or teach him to roll over, sit, shake hands, and do a backflip. We might also teach him to swim.

Your beloved student,

Hashem Abdulrazaq

Grade 3A



Hashem Abdulrazad 3A

My Happy Weekend

Last Friday, I went to Hawally Park with my family to have some fun. First, we bought tickets for the games. Next, we went for the first game, which was the swinging ship. I was thrilled. Then, we rode the spinning wheel. The ride was so big and interesting. We enjoyed watching the city from the top. It was an awesome experience. After that, we had dinner, which was pizza and pasta with orange juice. The food was delicious. Finally, we went to the bookshop to buy some books. Finally, we went back home by car. I enjoyed my time there, and I hope to go there soon.

Jaber Mohammed 3C

Ali Hasan 3A

I hear slurping.

I smell chicken.

I see yellow broth.

I feel something slippery.

I taste salty vegetables.

What could it be?

It's chicken noodle soup!

Salman Abdullah 3C

I see something scary.

I hear something spooky.

I smell something gross.

I feel scared.

I taste something yucky.

What could it be?

It's a monster!

The pigeons are ready to fly,

The foxes are getting sly.

The bears are waking and getting hungry,

18

The blob fish are getting ugly.

Winter is going away,

Spring is here to stay.

Jouri Abdullah 3D

I see something meaty.

I smell something yummy.

I taste something delicious.

I hear nom-nom.

I feel something soft

What could it be?

It's a burger!

Fatmah Fawwaz 3B







/////

A Day at The Zoo

Grade 3 Writing

Ghala Zarraq 3B

I ate a dish, It had a fish. I read and think, I take an orange drink. I went to sleep, And I slept deep. I had a hard test, But I tried my best. I cuddle with my fluffy cat, My cat and I sit on a mat. I heard the thunder loud, Whoosh went the dark cloud. I saw a shining Sun, We had so much fun!

One day, my friends and I went on a field trip to the zoo. We saw all kinds of animals – Lemurs, Zebras, Cheetahs, Seals and more. My BFFs were having such an exciting time! Suddenly the elephants broke out of the cage. My friends and I made a plan. We saw a trampoline from the kids' corner and used it to jump on their backs to calm and shush them, but it did not work. They were still rampaging.

Suddenly, I saw a baby elephant all alone, and I realized that is why the elephants were rampaging. They had lost their baby, and they were looking for it. I told my BFFs, and they calmly put the baby elephant back into the cage. Next, the elephants went in too. The zookeeper gave us free tickets to the zoo movie theatre, and that is how we saved the day for everyone.

Corona steals my smell Orange circle color Round red virus Our family is afraid Never touch people A lot of people die

Amer Ahmad Gr 4B-A





Nouf Raed Grade 4A-A

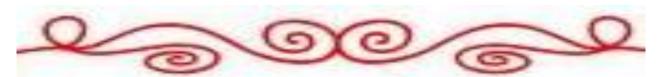
My monster's name is Blary. One time at night, I heard a sound "mpa, mpa, mpa." I thought to myself "never mind" and I went back to sleep. Suddenly, I heard the sound again sound "mpa, mpa, mpa." It came from under the bed. I looked, but I couldn't see anything. So, I went back to sleep.

When I heard the sound for the third time, I woke up and checked under my bed again. There I saw a monster putting on lipstick! She looked big and had messy hair. Her arms were hidden under her sleeves, but she was smiley and very funny!

What if I found out Ms. Mary is an Alien?

One day I woke up, got ready and went to school. When I entered the classroom, I was surprised to see that no one was there. I took my phone. It was Sunday at 7:30am. It is not the weekend I thought. I was confused. I heard a weird sound saying, "I am coming for you." I was scared, so I looked around me and it was the school Principal – Ms. Mary! I screamed in fear. "Why are you an alien?" I asked. "I am not a human; I am an alien. I was simply scared to tell you that I am from outer space, so I captured all the students and teachers to tell them the truth," she replied. She grabbed me and took me to a room full of students and teachers. Then, my eyes opened, and I found myself in my bed. It was all a bad dream! Phew!

Nourah Ayyadh Al Mutairi 4A



What is the school Principal was an alien?

One time, I went to Ms. Mary's office to recite the Quran. When I entered, I heard her saying to me in a nasty voice "What are you doing here?!" The voice was nasty and angry. I did not know how to react, but it was scary. I began to shake, and I replied "I-I-I-I'm sorry." She told me to come closer and take a seat. She was patting the chair to show me that I should sit. She offered the microphone to me. Her skin became green. I told myself not to worry, and that everything would be okay. I began to recite the Quran. The classes heard me. Their faces changed. They all rushed to Ms. Mary's office. Ms. Mary saw them all. A spaceship came from the sky. The roof broke off. A long string came from her head and her face was dark green. She teleported to the ship, and she vanished. She went to China with Mr. Peter, and I lived happily ever after!

Abdulaziz Mohammad 4B



Monster vile, hideous growling, disgusting, revolting Noisy, tense, scary

22

Beast

Mayyar Fahad Gr 4A-A

Antiagers

Corona takes the smell and taste away Ordinary spikes on it Ruining everything Only make us sick or die No one loves it A disaster

Salman Dawoud 4B-A

A visitor in my backyard

One morning, I was playing in my garden with my dog. Something was shining in the sky. I saw a spaceship! My dog was afraid, and he ran into his home. The person was green and strange. It was an Alien! I asked what he was doing and why he was visiting my backyard. He told me that his visit was his birthday present to me. The alien cried because his spaceship was not working. So, I helped him make his spaceship perfect again, and he flew back to the moon.

Rakan Meshari 4C



What if I found out Ms. Mary is an alien?

One Tuesday morning, I was as usual getting ready for school. I ate cereal and got in my mom's car. When I went to school, I ran to my class, because I was four minutes late and I had one minute left. I looked left into our principal's office. Ms. Mary was there, but there was something that looked like an alien. I could not think about it because I was rushing to class. When I got to my class, I was not really thinking about it.

I did the usual in school. I was kind of late for the announcements and I am on the student council. I needed to say the quote of the day, but instead, another Student council member said that we did not have to do it today because our language teacher did it.

I finished school and played a little with my friend Abdullah Ebrahim and then I slept. The next morning, I was early and went to Ms. Mary's office and I saw an alien saying to Ms. Mary "Give up your school to us." Ms. Mary replied "Never!" Then, I saw a weapon on the ground. I took it and shot the alien. It teleported the alien back to his home planet. I saved Ms. Mary and our school from the alien attack.

The end.

Bani Bnanyan 4B

The Neighbour

Alpha 1: Two Boys, One Threat

One night Saif and Talal heard something coming from Mr. Groover's house, the nicest person in town. They peeked through the window, only to see Mr. Groover locking the basement. Saif said, "We have got to get in there."

They gulped as the door slowly opened. The duo went inside and heard Mr. G coming towards them. They were hiding in the closet when Saif whispered, "Wait, he is holding a KNIFE WITH BLOOD ON IT!" Talal said, "Keep quiet! He is going to hear you, and maybe he is making a jam sandwich."

In the blink of an eye, Mr. Groover was gone and left only a key. Talal said, "Let us go and grab it!" They took it and ran back home. Once home, they called the police, but the police officer did not trust them and thought some kids were playing a prank. So, they decide to go back again and investigate further.

Alpha 2: The Secret

They tried and tried, but the key would not work. Saif said, "Maybe the key is for the basement." As soon as they put the key into the basement door, it clicked and opened ajar. The basement looked weird and eerie to Saif, and he slammed it shut. Talal protested, "Hey! Open it." Saif opened it again slowly, but it was completely different. At first glance, it looked like an old rusty basement, but once the eyes adjusted to the dim lighting, it looked like a modern mansion.

Carefully, they went inside, feeling curious and inquisitive. Suddenly, the friends turned around only to find Mr. Groover was standing there the next moment. He locked them in the basement, leaving them banging and screaming for help.

Alpha 3: The Getaway

It had been three days since they had been trapped. They did not give up hope and devised an escape plan; it was time to put it into action. After many failed attempts, they finally made their way up the narrow chimney that led them to the rooftop. They started to see the sun light. Talal and Saif somehow managed to climb down the roof with the help of the tree branches surrounding the house. They never went back to Mr. Groover and his house ever again.

The End

Mohammad A. Saleem 5A

25

Morgan the Ogre

*** * *** ** ** ** ** ** ** ********

Morgan was a green, scary ogre. He always wore spiky wrist bands, leather pants, and a bug, bulky belt. His sharp teeth and nails would scare others away. He was wicked and would walk around holding an axe to make people fear him.

Morgan was once a human until his friends gave him a suspicious green apple, which he ate and suddenly turned into an ogre. It made him very mad and sad and started his lousy behaviour. One day, he betrayed the citizens of his small village, and they banished him forever.

Morgan had to start over in a new village, and he realized that he had to make friends. So, he tried his best to be a good ogre and live a happier life.

*** *** *** *** ** * ** ****

Meshari Mubarak 5A

26

The Evil Wolf

Long ago, there was an evil wolf called Michael. He loved doing terrible things like stealing and breaking expensive things.

He would make fun of people and always had tricks up his sleeve. He would always expect people to try to catch him in the scary woods in which he lived so that he could kidnap them.

One day, he kidnapped a man who taught him to be kind and use his smartness to do pleasant things. He spent time teaching the wolf good behaviour and habits. The wolf was happy to learn how to be better and use his talents to help others instead. He was a changed wolf and never returned to his old tricks again.

Fares Mohammad – 5B



27

The Glittering Castle

It was a dark and glowing night when Jack and Emma decided to walk in the forest. They walked and walked until they saw a bright light shining from behind the trees. So, they went closer to explore it.

There sat a magical castle in which a beautiful young girl lived. As they approached, Emma felt scared, but Jack assured her that he would protect her. When they knocked on the door, Eva, the beautiful girl, answered and let them in. They were amazed by all the golden things they saw.

They were so excited about what they saw that they ran home to tell their friends and family. Their family was excited to visit the castle with them the next day. Everyone enjoyed seeing the golden couches, tables, and chairs, and the curtains glittered with diamonds. It was the most beautiful place they had ever seen.

Al Ghalya Ibrahim 5C



The Fairy At My Window

There's a fairy at my window She said her name was Willow. Willow had a pretty little flower in her hair I said, "Wow! That flower makes you look fair."

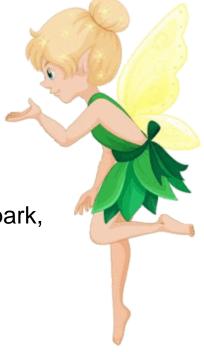
Willow smiled and said, "Do you want to fly with me?"

I agreed with glee. She took my hand, and we flew I said, "This is something new."

We flew all day until it became dark. We came back home after flying over the park, I went to bed To rest my head.

Then I said my goodbye to Willow And went straight to my pillow. I was sad for Willow, but she said have no fear We agreed she would come back to me next year.

Mariam Ahmad 5C



Grade 5 Writing The Castle of Doom

29

One night, two children named Allison and Sofia took a walk while their parents were making dinner. After a while, the road ended where a dirt path began. It was creepy looking, but they decided to follow it and ended in front of a bizarre house.

The house was covered in dust, surrounded by bare trees. The two girls wanted to go back, but they lost their way. Alison suggested staying the night until the morning came. So, they opened the door, and just as they did so, about a thousand rats ran out. The floors were creaking, the statues were moving, and the lights were flickering. The house was clearly abandoned.

They went up the stairs and into two different rooms. They were curious to see more of this place. Suddenly, a mysterious man came out of nowhere and took the girls just when they were about to leave the room. When he stepped into the light, their dad came looking for them. He took them safely home, and they all enjoyed their dinner. **Loulwah Yaquob 5C**

Art Corner 30





Haneen Abdulaziz

Gr4A

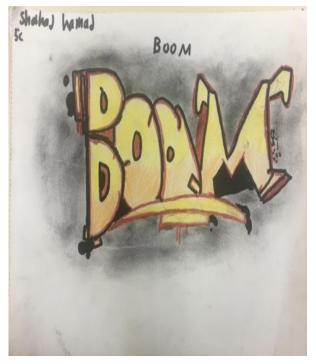




Art Corner 31





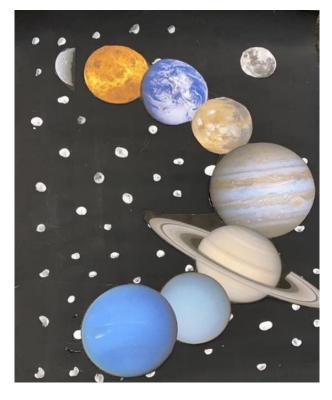




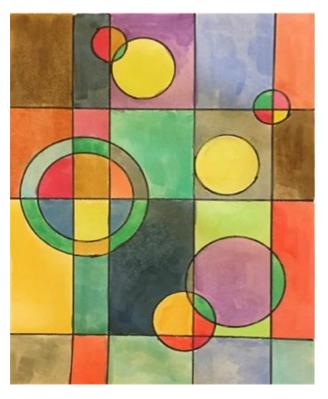


Fatima Yaqoub Gr 6A-A

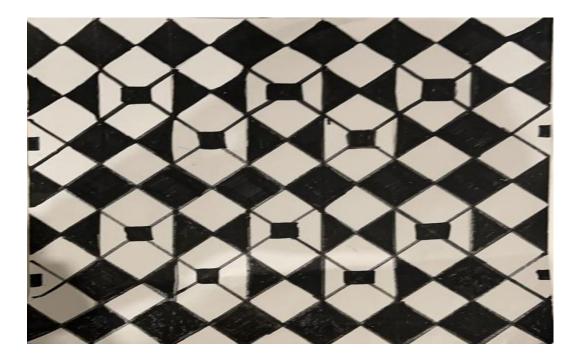
Art Corner 32



Abdulwahab Abdullah Gr 6B



Abdulwahab Adnan Gr 8A-B



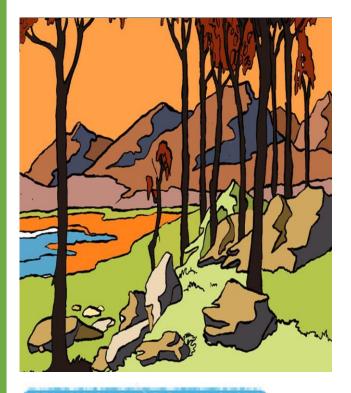
Abdulrahman Ibrahim

Gr 8A-A

Art Corner 33



Abdulaziz Faisal Gr 8B-A



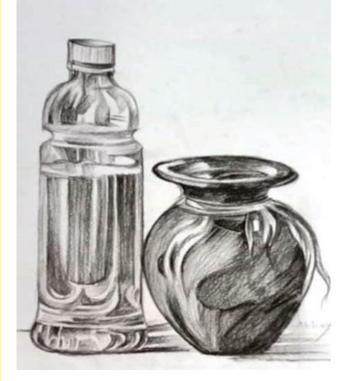
Salem Falah

Gr 9A



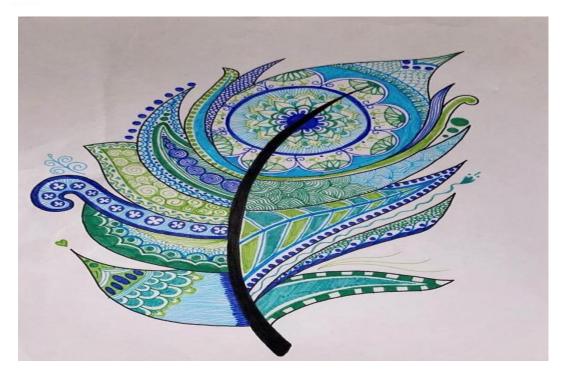


Art Corner 34





Bader Fahed Gr 10A Feely Faisal Gr 11A





Art Corner 35

Fahed Khalid Gr 12B





Ahmed Hamad Gr12B

THE POOR KITTEN

One day Maria was on a bus coming back from school to go to her home. When she stepped out of the bus, she heard a baby kitten crying in the corner. It seemed like the kitten had lost her mother. Maria felt extremely sorry for the kitten and decided to adopt the baby kitten. After a few weeks of Maria taking care of the kitten, the kitten was healthy. But, on the other hand, there was a guy named Liam. Liam was the boy who adopted the kitten and her mother when they were stray cats. Liam kept on crying for a week for he had lost the kitten.

Soon he came up with a fantastic idea. His idea was to print posters with his kitten's picture and number on it, then post them on walls and poles. Two days later, the poster was ready, and he printed a few copies of it.

Many days passed, but there was no sign of any callers or information about the lost kitten. Eventually, Liam got tired and finally gave up. The same evening Maria decided to go for a walk, and while she was walking, she saw a poster nearby and went closer to have a better look at it.

Maria was shocked to see that the kitten she adopted was someone else's pet. Maria called the number as soon as possible and informed Liam that she had his kitten. Liam was thrilled to hear the news. So, they decided to meet up the next day at Liam's house with the kitten. When they met the next day, Maria gave the kitten back to the owner. She was a little sad but was happy that the kitten was with her owner again, and at last, she reunited the mother and the kitten.

Finally, both Maria and Liam were happy and became great friends.

Moral of the story: Always help others, whether it is animals or humans.

Roshaney Khan Amin Gr 6A-A



Dear Miss Gihan,

Fifty per cent of children forget things, whether it is their backpack, pencil case or even their most prized possession. Unfortunately, they can also forget their lunchboxes. Eventually, they will be starving, and I know we cannot share our food due to the COVID19 scenario and Ministry of Health mandates. The only logical solution is to reopen the school canteen. I hope you will acknowledge all the arguments I will present today and benefit from them in the future.

Multiple students bring junk food like popcorn, chips and even burgers to school, and we cannot stop that from happening unless we use their disadvantage as an advantage, by filling the whole canteen with healthy snacks. Eating healthily reduces the chance of getting sick and keeps your mind focused. By eating healthy, one can avoid diseases such as obesity, juvenile diabetes, digestive issues, etc. In that case, students who forget their lunchboxes will have no other choice but to buy healthy food from the school canteen, and this will lead to a better healthy lifestyle and reduce the chances of falling sick.

Are you tired of seeing children walk back and forth to get to the canteen and then walk back to class? There is always a solution! You can set up multiple mini canteens all over the school by using some unused rooms to turn the long walk to the canteen into a short stroll. On top of that, the canteen should be occupied with many food handlers following health and safety rules. In addition, let us consider furnishing the canteen with tables and chairs to maintain social distance whilst we eat. Here we go! Eat healthily, sit safely, and boost your energy before you walk to class.

I hope you are satisfied with the arguments I have presented today and will consider my ideas in our school and move towards a physically healthy school environment.

Adam Talal Bissar 6A-A



CBS EXPRESS Vol: 7 | Issue # 8

Grade 6 Writing 38

PANCAKES

Flippery Flop, the Pancake

Flippery flop

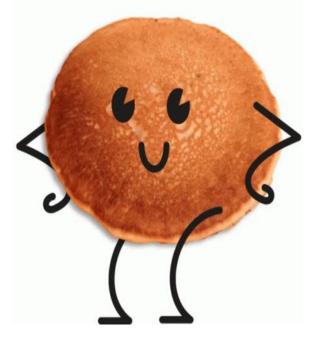
I want six and daddy wants nine

Please make it before mine

I want gold ones Brown on the rim

He wants brown all over for him.

Shams Abdulateef 6A-A



CROW

A crow

Its mind grow

It can recognize human faces,

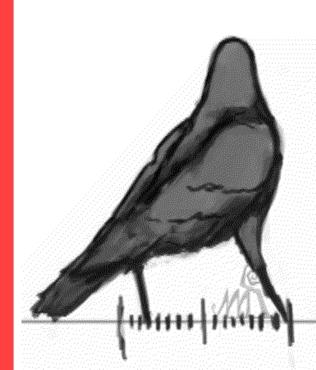
But not their traces.

Crows cannot tie shoelaces

Crows can be trained easily

Just make sure they roam freely.

Othman Ammar 6A-B



A Comparison - Private and Public schools.



This article will compare the options that private and public schools have.

Parents want the best for their children's education. Exploring different schools in the vicinity can help them find the school that fits best for their child.

Firstly, public schools usually have more students because they are government-aided schools, and there are no minimum tuition fees. On the other hand, private schools have fewer students in each class, high fees, and better infrastructure to support their learning. Another difference is that public schools have fewer facilities and technology than private schools.

The next difference is the curriculum: public schools have standard curricula at the national level, whereas private schools follow the curriculum set by the board - for example, American, British etcetera.

Both types of education have their pros and cons. However, the parent should decide the best learning environment for their child as per their needs and expectations.

Mohammad Matar 6A-B

AXOLOTL

Axolotls are hard to breed

And you do not know what to feed

They are slimy like snails

And they have pink cute tails

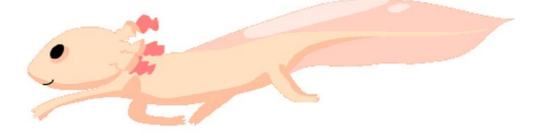
They do not have hair

And it is hard to care

They die so fast

They will be endangered at last.

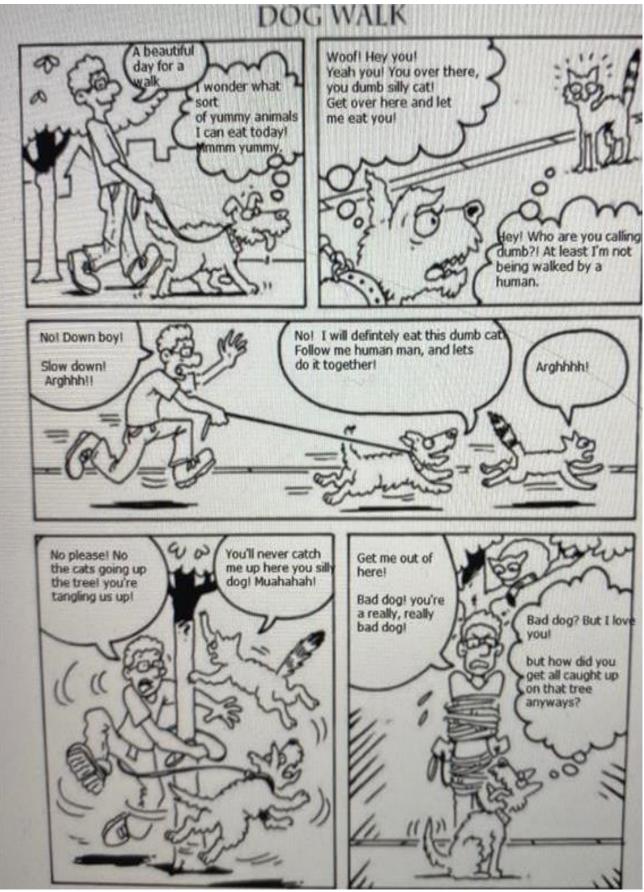
Abdulwahab Abdallah 6B-A







Abdullah Khaled 6A-B



Dear Miss Meriam,

Although I have thoroughly enjoyed my past years in my school experience thus far, there is one constantly prying issue that I feel I must discuss: homework.

Yes, I know it is a constant battle between students and teachers every year. However, I firmly believe my complaint is justified. It is not homework itself that is the problem; I often find homework help in learning current information and preparing for a test. However, it is the amount of homework that has compelled me to speak out. Every night and weekend, I am constantly barraged with a steady stream of assignments and projects that have overwhelmed me and forced me to speak out against them. I plead that you will listen to my opinion and stop assigning so much homework.

Homework often gives me no choice but to devote each weekday afternoon to school and little else. Although homework is necessary to help students learn and understand the material, there is no justification to assign hours of homework every night. I come home from school every weekday, sit down, and complete two or more hours of homework and studying. Afterwards, I have time for dinner, a shower, and a little time with my family to read or watch television, and then I go to sleep! It is a constant cycle Sunday through Thursday. Even on the weekends, I can usually expect at least a couple of hours of work, if not more. It is hard to appreciate a weekend when Sunday is constantly devoted to studying and completing assignments. This workload means I have almost no time for personal activities.

I love to bake, cook, and write short stories. However, unfortunately, I have no space to squeeze these hobbies in during the week because I am so overloaded with school task completion.

Dhai Mohannad



Storytelling – Friday, the 13th

Once my dad told me a story of his friend Salem and his friends Ali and Yousef. It was Friday, February 13th, 1959. Once, they were travelling from Kuwait to Oman by car. They kept driving for fun, and it was midnight. They went to the gas station to get food because they were starving. When they left the gas station, Ali had this absurd idea of visiting Nizwah. If you do not know what Nizwah is, it is a place in the mountains with many people associated with black magic. It is pretty scary; some can mess up your brain or your whole life. Yousef agreed to go, but Salem did not want to go because he was scared. They all were aware of what type of stuff the black magicians were capable of, and Salem still refused to go there. He did not want to go to Nizwah. Soon they checked into a hotel close to Nizwah. Salem stayed back, and he went to sleep. However, his friends went along with their plan of visiting Nizwah during the night.

When Yousef and Ali reached Nizwah, they saw a man. The man looked normal, but they did not know him. The man called them, and Yousef followed the man, and on the way, the stranger asked him about his family. All this time, Ali stayed in the car, waiting for Yousef to return. The man gave him tea, treated him as a guest, and narrated incidents from Yousef's life that had already happened. It made Yousef uncomfortable and scared. After they finished, Yousef went back to the car and told Ali about everything. They freaked out, but they continued to drive.

Grade 7 Writing Cont'd

Friday, the 13th- Cont'd

They started to wonder what Salem was doing. Salem was asleep. While Salem was sleeping at the hotel, he got a call from an unknown number. It was the police of Nizwah. The police inquired about his friends, Yousef, and Ali. Salem was asked to reach the Nizwah hospital as soon as possible. He saw Yousef and Ali lying down in the hospital bed. Salem was shocked in horror and asked about their whereabouts. Yousef started narrating their encounter with a camel who passed through their car without being hit. Yousef continued, "This numbed both of us, and we were very, very scared. Nevertheless, we kept driving and saw a group of camels this time. They ran towards the car and then went past us again! We kept driving in confusion when we saw another camel running towards the car. However, it crashed into us at that time, and I do not remember what happened next!"

The police confirmed that they saw a car flipped and immediately pulled both out and rushed them to the nearest hospital. Salem was shocked to hear this and could not believe his ears. After his friends recovered, they agreed not to go there anymore.



Jaden Hamad 7A-A

Kuwait – August 1990

On the second of august 1990, the Iraqi forces invaded Kuwait. The invasion lasted seven months. All the Kuwaiti citizens worked with each other in two separate forces; one to resist the invasion and protect other citizens and another to open markets and provide monetary and food aid to other citizens. There were many martyrs in Kuwait, including my uncle Mosaid. Once during the war, he went to help his friend who called him, and when he arrived at the door, he was held as a captive by the enemy soldiers. It turned out that the friend's house was being monitored, so they caught him and his friend as captives.

My other uncle, Nawaf, went for a walk one day towards the end of the invasion but was captured by Iraqi soldiers and held in a jail cell in Iraq for two months.

Grade 7 Writing Cont'd

46

He was released four days after Kuwait's liberation. When my uncle returned to Kuwait, he was thrilled and celebrated.

In the end, tears will not remove the sadness. Speaking to myself, I am sorry for the families that lost their loved ones. The brutal Iraqi invasion will remain etched in every Kuwaiti's heart. We did not forget, we will not forget, and we will not forgive the embers of our prisoners and martyrs and the neighbors' betrayal. None of which will be extinguished from our hearts.



Salem Mansour 7A-B



Is online learning better than in-person learning?

In-person learning is better because you can play with friends and have fun with them. You can learn faster, improve your academic knowledge, and be more competent; it is less distracting. It is better because you get to be with your friends, play and do the task together. You enjoy coming to school and because you are happy you pay attention in class and get good marks in exams.

Secondly, you can learn faster by focusing on what is being taught in the class and paying attention to the teacher. You understand better when the teacher is in the class, as you can ask questions and get answers faster.

Finally, there is no distraction in school because you are not in your home and nobody to disturb you. Your sibling cannot fight with you, and you do not waste time with them and miss what is going on in the class.

In conclusion, we are happier, make more friends, and get good marks in exams.

Saif Mishaal Gr 7B-B



Sequel of Short Story

te ce s

Grade 7 Writing

Thank You, Ma'am

Four years went by after the incident where Roger had tried to rob Mrs. Jones. But that was a long time ago, and now Roger had a job as a janitor. But this job was not the best. Roger went to visit Mrs. Jones often as he enjoyed her company. They laughed and joked. Roger told her," Mrs. Jones, you are much skinner than I was at 14." The evening was ruined when Mrs. Jones mentioned that she would be moving to another city - New York. She said," I will be coming and visiting you, though." Roger felt incredibly sad, and he left her house on the spot. That was the last time he saw her. Later, he texted her, saying," I am sorry; Good Luck." Later, Roger went to his friend James and told him that he wanted to start a charity. James, without a moment's hesitation, affirmed his noble idea. After months of work, they got famous. The charity was in memory of Mrs. Jones.

Fares Khalifa 7B-B

Edward Teach was a twisted-minded scientist. Many people want to help the world by doing something, even if it is small, but Edward wanted to cure cancer. He spent 20 years on his experiments but always came to one conclusion: there is no cure. He never gave up. After 20 years, he injected his family with cancer cells to see if their bodies could fight the cells and develop immunity. After injecting them, they all died horrific deaths except for his younger child. His body fought off the cancer cells, making Edward realize his child is the cure.

After knowing that his child is carrying the cure for cancer in his cells, he started using him as a lab rat; he conducted several experiments to achieve his goal and dream of changing the world. All his other experiments failed. After a couple of months of learning from his mistakes and failures, he finally produced a formula to cure cancer. He started working on the serum. As soon as the serum was completed, he went to look for volunteers to test it, but no one believed him. No one believed that he had found the cure. He then snapped and decided to do the unthinkable; he kidnapped a cancer patient to try the cure on him.

He injected him with the serum. Teach observed for a couple of weeks, and after a year, it destroyed the cancer cells; the patient regained his strength and was finally free from the disease. Edward Teach felt something was wrong and decided to keep the patient in the lab for more tests. After several tests, Edwards' worst fears began to come true. Half of the patient's brain was completely gone. His memories, happiness, sense of consequences, and parts that made him human. The only thing that remained was his anger, which has increased rapidly after taking the serum. Teach rushed as fast as he could to restrain him, but what he saw when he got there changed him completely. He saw his son being eaten by patient 0. Nothing was left of his son except for his bones. He tried to attack and kill patient 0, but nothing affected him. Edward decided to blow up the lab. Little did he know the serum would spread throughout the United States and affect them all.

Ibtisam Naser 8A-A

50

Oprah Winfrey

Dear Ms.Meriem,

I want to suggest having Oprah Winfrey as a guest in our classroom. Oprah has built a media empire. Oprah Winfrey earned about a million dollars a day by hosting her show - The Oprah Winfrey Show. After her successful talk show, she made *Where Are They Now*, it was about her previous interviews on the Oprah Winfrey show and the lives of the interviewees years after. It was a huge success. She even has her Oprah Winfrey Network, popularly known as OWN, as well as multiple other successful movies and TV shows. Her net worth is 2.6 billion USD and counting.

She can give us tips on enhancing our verbal and oral communication skills and engaging in interaction with an audience.

Are you lost in life? Oprah helps to inspire and motivate her audience by relating to ordinary people and their issues and struggles. Inviting celebrities to her show teaches us goal setting and how to accomplish those goals and deal with failures simultaneously by looking at failures from an optimistic point of view. She gives us another perspective on failure.

Oprah once said, "There is no such thing as failure. Really, it is just that thing trying to move you in another direction, so you get as much from your losses as you do in your victories; your losses are there to wake you up because, in life, we all fail, and we might just give up, but when you think of failure in this manner it gives you motivation."

Oprah Winfrey Cont'd

Many people relate to Oprah because she has experience in life. She talks about topics that ordinary men have been through in life. Moreover, we can feel that we can relate and understand more and become more comfortable. She gives a positive impact that will help and give us a better mindset. It helps with our attitude and builds a growth mindset.

Furthermore, giving her point of view helps us dig deep and reflect on ourselves and strive to be better human beings. She is wise and has written books that inspire many avid readers.

Deemah Talal 8A-A



Alien Attack

It is 2056, and the aliens have attacked the Earth. Is it the end? Aliens captured all humans in the blink of an eye. They all found themselves in some cells; it was the alien's camp. It is where they capture humans. Some aliens felt bad for humans, while some were disgusted. Blaze, the main character of my short story, felt sorry for humans.

From his point of view, the aliens could have found a planet without people living on it after their planet was destroyed by the sun's energy because the planet moved near the sun. Half of the aliens died, so they moved to a weaker planet to easily capture it. Blaze tried to convince their leader, but the leader responded, "why do we not capture Earth? It is easy to capture and is a wonderful place with beautiful weather." Blaze replied, "I know it is cool, but there are similar planets without inhabitants." To this, the leader replied aggressively, "the earth is better, end of a story!"

As days progressed, Blaze started liking a girl. She was peaceful and lovely. She felt that the alien leader was the villain, and Others were forced to do what he said. As days passed and more humans died at the hands of the cruel aliens, Blaze and the girl thought of escaping and living a peaceful life. While everybody was asleep in the middle of the night, they eloped to a remote place. They lived in a small hut far from the camp, married, and had twins - Zack and Hack. Soon, the aliens found the hut and attacked Blaze for his betrayal. The aliens tried to kill the whole family, but to their surprise, the kids, who were six years old now, were superhumans stronger than aliens, and they managed to kill most of them just in a few minutes. Now, they hoped they could manage to kill the leader and save humans and Earth from the aliens. Blaze knew that the leader was a mind-controller, and he knew that killing the leader was their only choice.

Blaze thought for days for a strategy, but he did not find any other than killing him when he was asleep or alone because other than that, he would mind control other aliens to save them.

Grade 8 Writing Cont'd

54

Furthermore, that meant more people dying, which he did not want. Also, Blaze did not get mind-controlled because he had ultra-control of his brain and was the most brilliant among the aliens. Blaze was an alien, so passing security would not be a problem, but he feared it for his sons. His idea was to ring the fire alarm, so everybody moved away from the leader and the gate, thus allowing his sons to sneak in easily. He trained his children to control their brains and not to get mind controlled. After a month's training, they could easily control their brain. So, they started preparing to launch the attack. The leader wanted to burn him with his brain with his children's superpowers. Finally, Blaze and his kids launched the attack; Blaze sneaked easily because of his looks. Hack and Zack went through the back gate. Blaze quickly pressed the fire alarm after a couple of seconds. Zack and Hack sneaked in.

Once the path was clear, and there was nobody in front of them, the brothers went to the leader's room, who was reading and quickly burned him with his book.

Now there was no mind controller. Aliens were free after Blaze explained the situation. They decided to let go of humans and go to another planet. Humans were unhappy and wanted revenge so badly, but they could not do anything about it. Aliens chose Blaze as a leader, and he was forced to leave because humans hated aliens. He left his children and wife behind with a sad goodbye. He continued his adventure as an alien leader, and aliens finally peacefully lived their lives there.



55



DAY TRIP TO THE DESERT

It was the 19th of January 2016. I was playing Guess Who with my sister on my iPad. We played at least ten games, and I won most of them.

My father called us both to have a family meeting. My father said, "Your mother and I came up with the idea to go to the desert tomorrow at 6:00 in the morning!!" My sister and I got so excited that we packed our stuff right away. My mother checked our bags to make sure that everything we needed was there. My sister and I talked about it all day in excitement and made a list of activities we could enjoy whilst on a desert camping trip. We all slept early, as we were looking forward to an early start the next day. We hopped in the car, and on the way, we bought flashlights and other essentials to accommodate the desert camping needs.

It had been 2 hours of driving, but we finally arrived. We barely stood up because we had been sitting for way too long. The temperatures were freezing in the desert by the time we reached. I asked my father, "Why did we come here in January?" To that, he said, "2 things; one is school and the second is that in the summer it will be too hot." We wore our jackets and built a tent. Good thing we got flashlights; if we did not, we could not have made the tent. After resting for some time and exploring the desert area around us, we were exhausted and slept off.

We woke up at 8:00 am. First prayed, then ate bread with jam for breakfast. My father and I set up the buggy and drove around. It was my sister's turn, and we prepared to cover our ears because we all knew that she would scream. My mother and I were laughing as we heard my sister's scream fading in the distance as my dad drove further away. "AAAaaa!" Then my parents went on the buggy ride while my sister and I played in the tent. After our parents came back, we all played Anhash Ya Altheeb.





Grade 8 Writing Cont'd

56



DAY TRIP TO THE DESERT Cont'd

We all decided to play competitive games. The first competition was a race. We had to run up the hill and back. We all started running; I was in the lead, I was winning, then out of nowhere, my father picked me up and threw me to the ground, and I rolled down to the starting point. I waited because there was no chance for me to win, and my father won.

It was a cold and scary night. We lit a fire to keep ourselves warm. We reminisced about all the fun and some of our favorite moments. We slept happily. We woke up in the morning and sadly got in the car and drove back home. We arrived home, washed and called it an early night. I wish we had stayed there one more day, but my father promised to take us on more camping trips soon.

Abdullah Ahmed 8B- A





Salman Jabbar 8B-A

Adventurous Day

It was the weekend - a cold weekend. Cold as a dead man's nose But something was wrong My brother was not around Jarrah left me a puzzle It is the only way to find him By the way, I like mystery So, I called Fahad.

"Buzzing with students"... "But dead students ", I read "He is in an old school, "Fahad said I felt too worried And scared too We are on the right track

"It is too dark, "Fahad said There was a secret room It seemed too creepy I opened the door quietly "Shhh ", a sound came from the door We saw a hand holding the doorknob

It was a terrible day, I would not want to play We found dead bodies. There was a big box "Don't open" was written "Ahhh "we screamed

Monsters came out They were dead teachers We fought and fought and fought In their chests was written "Kill us to get Jarrah. " Fahad and I killed them all As knights, it felt amazing I did not feel that strength in me In my whole life

Finally, they are dead. A colossal box covered with gold Came from the basement Jarrah jumped up from the box He hugged me, though as Fahad As hard as he can It was a great adventure.



Grade 8 Writing Lightyear

A blinding light filled the sky, and an immense blast was heard throughout the city; it was a rocket. "Blast off was steady. Give me an update on how you are doing up there, Astron." "Commander, systems are cool and steady." "Affirmative." Astron will be the first man in space if everything goes well. Astron is the son of Buzz Lightyear. He always had a passion for space, just like his father. He went on the moon multiple times and made memories he would never forget. Astron will continue his dad's legacy, and he would not lie. Astron sees this mission like any old trip he used to take when he was younger. It was a breeze until he got there. The weather conditions were horrible, and he was unprepared for what was about to come.

When the space shuttle entered Mars' atmosphere, it could not handle it. The power core got damaged, and he could not communicate with anyone. He tried re-stabilizing the core, but it was of no use. He extemporized and saved half of the food supply, and Astron knew what to do. He took an atmospheric water generator that would give him fresh water and then worked on a plan. Astron then remembered that he could plant vegetables because there was a batch of soil and some seeds. He planted them and then worked on finding a way to communicate. He tried and tried and failed, but he never gave up. He then started working on building a shelter and a farm. A week passed, and he had made much progress since the first day but still no communication or signs of sprouts.

Astron did not know what to do. He thought he would die and was panic-stricken. "WHAT DO I DO!" He then calmed himself down and took some time to himself. Later that day, he had hope again and had a sprout on his farm. He was filled with joy!

Grade 8 Writing Cont'd

Since he just had to wait until it grew, he decided to dedicate his time to power the communication center. Suddenly, it hit him, "The rovers on Mars! That is my answer!" However, now he needs to find one first. He got up, wore his suit, and is now on the search for a rover.

He found some tracks and decided to follow them. It let him straight to the rover. However, something was odd. The rover had fingerprints and photos stuck to it. Astron thought nothing of it, took the rover's core chip and returned to the ship. He got to work and started unscrewing the rover. He got the core chip, placed it, and ran a code. Something felt weird after, but he was so happy it worked. He finally found a way to communicate. "Hello, can anyone hear me?" "Yes, we can; this is SpaceX. What can we help you with?" "It is Astron Lightyear, and I am still alive." "Oh my god! We will redirect you to NASA as soon as possible!"

The Earth was in shock. NASA was currently working to send a rescue team which could have taken about one month to reach Astron. Astron survived on Mars for over two months now, and he could finally leave in a month. He saved his crops by taking the biggest and then waiting until the smaller ones grew. There were now two weeks left until he was free; He felt like he was going crazy, and he fought the temptation to give up. Astron had completed 100 days on Mars, surviving on his own.

The rescue team finally arrived, but Astron was not informed about NASA's touchdown on Mars. He was desperately counting days, but this seemed odd. It turned out that there was indeed alien life on Mars. He never knew until he was launched, and he found himself on a rocket in outer space with aliens that looked like humans.

Grade 8 Writing Cont'd

They did not speak English but were way more advanced than our planet Earth. They used a cellular galaxy translator to make conversation. "Are you Astron Lightyear, son of Buzz?" asked the alien. "Yes, I am," said Astron.

"We have been sent here by our old friend Buzz." So I gathered that they were here to save me, and I should not be afraid of them. They were good friends of my father, Buzz. "I never knew dad had alien friends. He never told me about you," exclaimed Astron in awe and wonder. "It is because we are the last ones surviving of our kind."

Aliens turned out to be endangered, so he never told me about them. They said that they were here to save me. They told me about all the adventures they had with my father on the way. Everyone thought it was someone else when we got to Earth, but their jaws dropped when they realized it was me. "Astron, sir, how did you get back?" I played it dumb and said, "I found some fuel on Mars to use." My father, Buzz, said, "That is my boy!"

Abdulaziz Faisal 8B-A

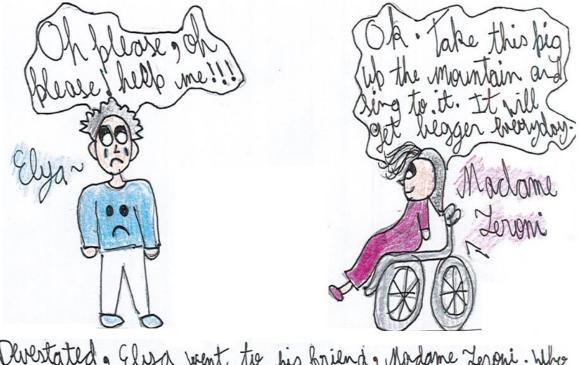


60

Holes – Character Analysis

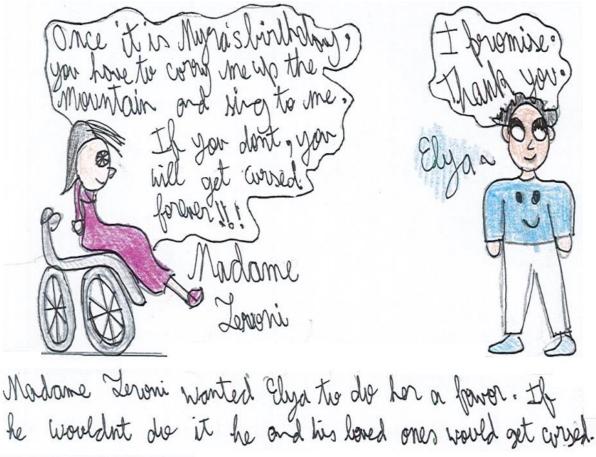


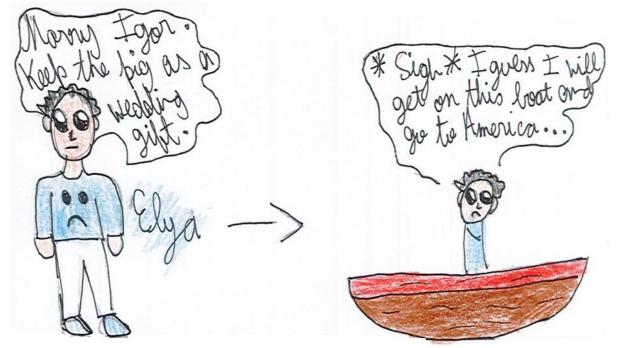
Elya fell in love with Myra. But so did toor . they both wanted to marry Myrag and her frather wanted her to marry toor because he had a pig to give whike alya.



Olvestated, aliga went to his friend, Madame Leroni. Who is a gypsy. And she wanted to help alige lay giving him a pig with the following instructions: CBS EXPRESS Vol: 7 | Issue # 8

Grade 9 Writing Cont'd





Elya then charged his mind and didn't want to morory Myrd. He then your a boat, got on it, and went to America. Alizeh Khan 9A

Grade 9 Writing $f_{\mathcal{K}} = f_{\mathcal{K}} = f_{\mathcal$

The Feeling Of Bliss....

I cannot wait to be at the beach again. To feel the ocean waves wash over my body And the grains of sand underneath my feet.

I cannot wait to get wiped out by the rough waves And emerge from the water laughing so hard my stomach hurts. I cannot wait to constantly feel the warm sun on my face.

9A

The smell of the salt in the air. I cannot wait for the ends of my hair to get wavy And for my late nights to turn into early mornings.

Waken up by the radiating sun rising over the beach. I cannot wait to escape this unbearable life of Repeating days and constantly worrying.

It gets even better at night. It's just me and the moon thriving and striving In our own little worlds but still aware of Each other's presence. The sound of the waves Swooshing makes it even better, no worries. Because when the world is asleep, I'm alive. Maryam

Maryam Ali Gr 9A

Holes – Character Analysis

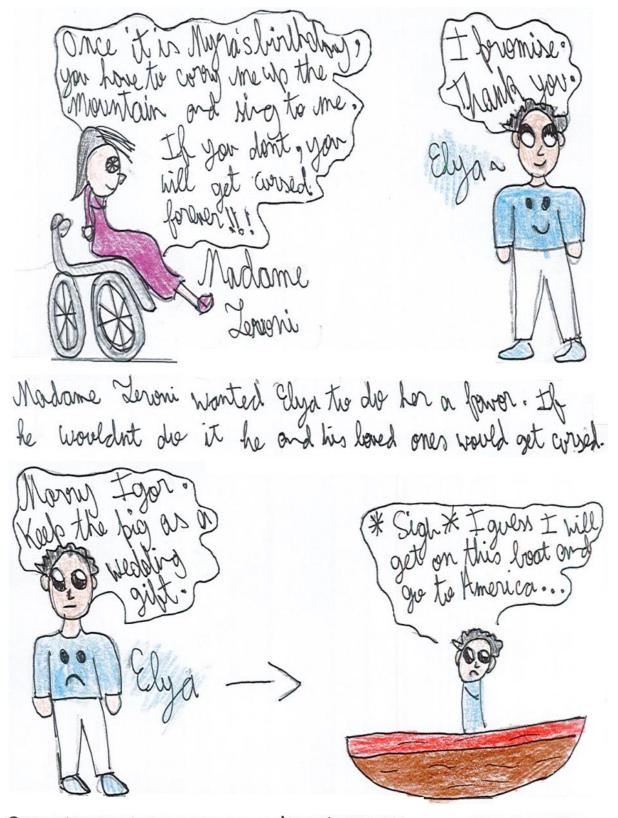


Elya fell in love with Myra. But so did toor . they both wanted to marry Myrag and her frather wanted her to marry toor because he had a pig to give whike alya.



Olvestated, aliga went to his briend, Madame Leroni. Who is a gypsy. And she wanted to help alige lay giving him a pig with the following instructions.

65



Elya then Changed his mind and didn't want to morely Myrd. He then your a boat, got on it, and went to America. Alizeh Khan 9A

The brimming light of the future – 100 Days of School

Every light starts weak, but it slowly evolves. School is our evolution; we are learning innovative ideas and mindsets that could be used in the future. It is truly a trial and error in the school, but the school guarantees our evolution in our learning and knowledge. Nevertheless, it is even generous enough to teach us about our religions, life skills, and so many other necessities in life that you cannot get from anywhere else.

School is evolving us; it makes sure we can shine even brighter in the end. Not only is it providing us with such essential information, but it even provides us with enjoyment and fun. What else could we ask for more? It gives us a grasp of our future dream and allows us to obtain what we once believed was impossible. It makes us believe with our staff, friends, and family that we can accomplish anything and become anything we would think of becoming soon.

It is the chance school is giving us, and we took this chance together. Some might have it rough and are struggling, but we all must endure because of it is where our search ends. All the arduous work, sacrifices, sleepless nights, struggles, and downfalls pay off in the end. Our future self will thank us for enduring all the challenging work in this school evolution.

Fahad Edgaim 9B

Trench Warfare World War One

In World War I, there was something called trench warfare. A warfare engagement in or the activities involved in war or conflict. A trench is a long, narrow hole, not that deep but about 8 feet deep and 4 to 6 feet wide—the trench warfare dominated World War I. The trenches were a great defensive tactic that both allied and central powers used. The trenches protected the soldiers and hampered enemy troops from advancing, making the war much longer.

There was much technology used in World War I. One of them was the machine gun capable of bringing down row after row of soldiers from a distance on the battlefield. The barbed wire also makes crossing the field even more dangerous with the shooting and bombs. The most impressive tech in World War One was the telephone. The telephone made communication much easier passing information knowing the statices of other station. The telephone was a modern communication solution, but there problems with modern modern solutions. The are telephones were connected with wires, and the wires were being cut in the middle of the battlefield. It needed a solider to go out on the battlefield, find the cut, fix it, and come back. However, thankfully it was no longer needed in the war when the radio was invented.

In World War I, tactics and strategies were used, such as trench warfare and artillery barrage. The Artillery barrage used short bursts to kill as many soldiers as possible, bringing the soldiers' morale down.

Grade 9 Writing Cont'd

Going back to the trenches, most trench systems had 2, 3, or 4 trench lines parallel to 1.6 km in depth. They dug zigzag pathways so few enemy soldiers could get in them and shoot about a few yards. Each line of the trenches connected to the rear lines of the trenches, where you could find food, ammunition, fresh troops, and mail. There was an area between a trench, and the enemy trench called No Man's Land. No man's land was like a land filled with traps. There were landmines and barbed fire wires everywhere. Barbed wires were primarily found in front of the first line trenches covering places where enemy troops may get in.

The war was awfully long, and soldiers created their lifestyle in the trenches. Life in the trenches had much boredom with moments of horror and dread. Soldiers had to wake up before sunrise and then have their breakfast. After that, they had to clean their weapons at noon and dinner. Most of them took a nap during their downtime, played cards, or wrote letters to their loved ones. Life in the trenches was not that clean; the soldiers had showers in weeks or even months. Rats romped the trenches. The trenches homed many diseases like influenza, typhoid, trench foot, and fever.

World War I had some great tech strategies that would be remembered for trench warfare. Life in the trenches affected many soldiers; some had mental problems, and others could not go back to everyday life. They killed a lot, but most died from the diseases, sadly. At least they all died serving their country.

Salem Falah 9B



What is happiness? We can ask hundreds and thousands of people, and each of them would give different answers. One would say happiness is to be with a loved one, the second would say happiness is stability, and the third would say happiness is unpredictable. For someone, to be happy is to have a lot of money while for others to be popular. Overall, there are plenty of different understandings of happiness. We must appreciate every moment in our lives. We will never know when the end will come or what we have in store for us soon.

I consider happiness harmony and peace when my family and friends are healthy and happy as well. I recognize that they are all dear and important to me and understand me. I know that they will support me in any situation doing everything that depends on them. In return, I am also ready to do much for them. What we do for others, helping them when they need our help, advice, or support and getting enough appreciation, is happy because in helping others, we are doing something incredibly significant and necessary. Not all people get enough joy in life, so that some people would appreciate a small act of kindness. Another important way to feel happy is to stop thinking about yourself. Think about what you can do for the community. Spend time thinking about how you can contribute to society; it does not matter how much it is, do it. It is for your happiness and betterment of the life of deprived people. Developing a habit of satisfaction and gratefulness needs time. It will open the doors of happiness to you that you have not even imagined ever in your life. Another thing that can make you happy is spending time connecting with nature. Take out time and enjoy the moment.

Happiness is not something that is given. Every person has happiness inside. True happiness is not in owning valuables, money, or any other kind of possession. It lies within us.

Grade 10 Writing Cont'd

Whether rich or poor, upper caste or lower caste, we all have the same potential to experience happiness in our life. Moreover, it is never too late to become happy. We can motivate ourselves and others to be happy. A smile here and there or a simple greeting; everyone chooses and prefers various sources. It is of immense importance for people to enjoy precious moments, even the most insignificant ones. It might be a cup of coffee in the morning, daily yoga or reading a newspaper. Whatever the reason, there should always be a reason to smile and be happy.

Sometimes people are so lonely that they start to doubt themselves and wonder why they are so depressed. The truth is, you should look for friends and start looking around for the good things in the bad. Find something positive in the negative. Material values are not an accurate measure of happiness. Happiness is the ability to be optimistic even with difficulties and the ability to overcome them.

Also, all things should be life lessons for us. Instead of us thinking that we were being lectured about being stupid, think of it as a life lesson which you could benefit from in the future. Another important way to feel happy is to stop thinking of your comforts. Think about what you can do for the betterment of society. Spend time thinking about how you can contribute to society and the environment. However small it is, do it. It is for your happiness and the betterment of the life of deprived people.

We need to appreciate every moment in our lives, remembering that happiness is within us. Time passes, and we are getting hurt because we did not enjoy the time when we had a chance. Therefore, living in peace and harmony with others, helping those who need your help, and avoiding things that you would regret in future are paramount ways to find happiness and make others happy.

8_8*****8_8*****8**_8*****

Gala Mohammad

Gr 10A



happiness

Adults or grown-ups do not take teenagers seriously

Adults or grown-ups do not take teenagers seriously because they see them as kids because of their age difference. I think they should take them seriously from my experience and from what I have seen, many teenagers have created machines that we use daily. For example, a teenager has made the machine built to help with laundry; she was only 14 years old, which caused people to be surprised and became an inspiration to fellow teenagers. Many teenagers have inventions to their credit, which could benefit humans, but instead, they are looked down upon. It is unfair for them not to have a chance to show people or the world what they can make. Adults view teenagers in a way that makes teens fed up with life because of adults, so, I do not see why they cannot just give them a chance. I hope adults or grownups change their perspective about teenagers and learn how much potential someone can be no matter their age.

Adults tend not to take them seriously because they think teenagers have not been through much because of their age. They believe that teenagers are not fully developed and have not matured yet, so they skip their opinions and suggestions. I have researched why teenagers are not taken seriously is what someone said arrogance of experience, which means that the way adults see it is that the more experience you have, the more you have. Most people think that as you grow older, you have the benefit of age. I can see why they think that, but it is not one hundred per cent true or a fact. There is way more teenagers and even kids that are more mature and understandable than adults. I have seen some teenagers and kids handle situations that adults are supposed to be responsible for, and they handled it well, but the parent did not listen to the teenager and continued to fight with the stranger.

It is not fair for teenagers or kids to not be given a chance because they have something going on in their lives, but they think it is a joke. Let us take bullying at school as an example; it is widely prevalent among teenagers, but many parents or guardians see it as a play fight when it is not! It has caused many students to become introverts or commit suicide - all because of bullying. It could have been stopped if adults were being educated and made aware of the mental health issues.

KOKOKOKOK,

Grade 10 Writing Cont'd

Teens can hate and get angry at adults because adults shut them down and tell them that they are kids and do not know anything in the world when they try to speak. I understand why adults do not take them seriously because of the joke or how their minds work, but the least adults can do to be more understanding, place trust in the child and be more patient. If they do, it is guaranteed that many school bullies or just teenagers' behavior will change for the better.

What teenagers want is just a chance to talk and have opinions on situations. If the parents want teenagers to become what they want, listening to their kids gives them a chance to show their love, protectiveness, and faith. Adults have the mindset that you are ten times better if you are older, but it is not entirely true. The more experience you have, the better, but some teens have been through a lot more than some adults. When teens have more experience than adults, they refuse to accept this reality. It is not fair for a teen to not be given a chance or even a kid. I think teens should be taken more seriously and bridge the gap for a better future for all.

In the end, I think that if you give someone younger than you a chance to talk about anything, it only widens one's perspective of the world around us. The simplest idea can change how the world works for good; a chance can change everything. Teenagers can produce very extraordinary ideas, and some ideas can turn into the greater good for society. It is a guarantee that many things will change if you give anyone, not just teenagers, a chance. The more chances they get, the better they learn from experience and mold into a better individual and citizen.

Khaled Basman Gr 10



73

The Switch

It seemed like a typical Monday afternoon until I saw the alarm clock. This alarm clock looked weird, and it woke me up 5 minutes before the bus came! It is such a lazy cow as if he is not human and is a pig, so tired and always waiting for food. It gave me almost zero time to get ready and eat breakfast. I also noticed how weird this room was and how this alarm clock did not look like mine. The entire room looked like Link's room. It looked nice, with a desktop and a PS5. I knew this because of the number of times I went into his room. While thinking about all of that, I heard someone call him, and I went to check because it sounded like his mother. I was running down the stairs and fell on my head; also, I forgot even to wear my clothes! His mother shouted at me, "Links, go get dressed before the bus comes now!" "Okay", I said.

Links felt clumsy while running up the stairs, so his body felt like dying on me, and I kept tripping and falling over. The smell of fresh eggs was overwhelming; I do not know why Links never eats them; it smells great. Even his room smells of rich perfume. Blue is my and Link's favorite color, so his entire room is colored blue. The alarm clock is blue, and everything is blue! I got ready and took an egg sandwich with me and ate it while going to the bus; they tasted fluffy and delicious! I wish I had Link's house and his parents too, although I love my parents. I would love living here and being loved and spoiled by his parents.

On the bus, everything was normal, but the feeling of greed did not leave me. I saw the easy and luxurious life that Links did not appreciate. I would be willing to do anything to be born into that family. I sat in our usual seats, keeping a spot for Link beside me so we could try to understand what happened. We reached my house, picked up Link, and talked about this random switch of our bodies. I said first, "bro, you are in my body, and I am in yours! What do we do?" "I honestly do not know, Bader; you are the smart one here. Think of something, please," exclaimed Links nervously.

I looked him straight and said: "Link, we need to think and try to understand how to make us go back to normal as quickly as possible!". Link then nodded and agreed to what I said. We thought it best to consult a doctor. We started our school day with Math class; I answered everything as Link, and Link was just sleeping in the class like usual.

Grade 10 Writing Cont'd

After that, we had PE, which Link is good at and I am not, so this was Link's time to pay me back for all those answers in math class.

We finished off those classes, and we had our break straight after. Snack break was our best chance to discuss which doctor would believe us; our only idea was just the general doctor found in the regular hospitals because we could not afford to pay for specialists. We were stuck like zebras in a lion's den. Our best bet was if we just waited until the end of the school day. We both went back home and turned on the PlayStation and thought of a place where we could meet up and go to the doctor from that spot. The chat went a little like this: "Link, I think we should meet up somewhere near a hospital." He replied, "no, Bader, we should go to a witch; they always help with this magical stuff..." "A witch? Are you crazy!" He said, "oh my god, Bader, you are such a scaredy-cat!" I replied, " Yeah, I am, and we are not going to the witch no matter what you say!"

After a long talk, he agreed with the park idea. Thus, we met up in Queen's Park near the local hospital. We entered the hospital and waited till our turn. We entered the doctor's room and told him about what was going on, and he thought something was wrong with us and called our parents instead.

Soon enough, our parents took us, but before going into the cars, we talked to them and told them what we wanted to tell them the whole time. At first, they thought we were going crazy, but then things started to add up; I woke up and took eggs for breakfast, and Link did not take any breakfast from my parents. It seemed like everything added up to our parent's heads. We were taken home, and we both did our homework and continued playing on the PlayStation together. Our parents were not as convinced as we thought because both came and asked us some random questions! They asked about my favorite color, and this was easy because we shared the same favorite color. I told them, "Links and I share the same favorite color, blue". They replied, "hmm, well, his favorite color is blue." "I already knew because he is my friend and we have been friends for a while. We are more like brothers than friends," I replied. The questions kept coming until they finally said: "Okay, okay, we believe you are not Links now." I went back to my PlayStation and continued playing Fortnite.

Grade 10 Writing Cont'd

I cannot believe this happened to my best friend Links and me. It was a miracle; nothing had ever happened like this before. We were the first two people to have our bodies switched. It felt weird, but it was still cool to brag about the experience. I am here talking to myself in my brain, and it is fun to do this since I am here; you are also here; everyone can enjoy staying here. I cannot lie about how great it is living in this big house with a great mother who can cook very well, but I still appreciate how much my mother does for me too. I won my first game on Fortnite, and it was great. After a long day and two long hours of playing Fortnite, I went straight to my bed, put my head on the pillow, and said to myself, "goodnight, Bader, goodnight, Link's body". I slept. When I woke up the next day, it was finally over. Everything was back to normal, but we will never forget what happened.

Bader Fahed 10A



Grade 10 Writing

Poetry about myself

My name is Mohammed Haitham

I am a very kind person

I am the brother of Khaleel and lover of Allah

I love Allah, Prophet Mohammed (PBUH), and imam Ali

I feel so grateful and blessed, and I feel amazing

I need braces, a 4K TV called LG C1, and I need more dumbbells.

Hopefully, I will get them soon for my birthday.

I fear Allah, our almighty creator, and I have a fear of heights and snakes.

I give love, support, loyalty and kindness.

I would like to see heaven and Allah, and I would like to see penguins because they are my favourite animals.

I am a resident of Kuwait, my beautiful country.

My last name is Murad which means something you want to have, and inshallah Allah will give it to you.

Mohammed Haitham 10B

Grade 11 Writing

Immerse International Essay Writing Competition Entry

Medicine

If you think that working in medicine is all about hard skills and medical knowledge, you are wrong. Let me tell you why soft skills are equally important, simply because patients would want a doctor or a nurse to be genuine in his work so they would feel more comfortable working with him or her. Healthcare professionals need soft skills because they are essential to their job. Some skills include communication, empathy, and teamwork.

Communication skills are essential in the medical industry. Studies have shown that a doctor 's ability to explain the procedure and listen to the patient can affect the patient's health and outcomes. Communicating is a little challenging, but it is vital to express your own opinion before your colleagues. An example of communication in the medical field is doctor-patient interaction. Communication helps the patient understand the information and contributes to the treatment instruction, which will help improve patient satisfaction. Therefore, it shows a beneficial effect in promoting better emotional health. Ways to communicate are by responding to a patient's feelings, offering them information about their diagnosis, and educating your colleagues because decent work relationships form reasonable patient satisfaction. Effective honest and communication could help a patient's understanding of treatment. An essential skill is to show empathy; why and how you show empathy is essential. Knowing and understanding what the patient is going through could result in better health outcomes. Patients will feel more comfortable if the doctor cares about them. Empathy forms a connection and understanding between the healthcare provider and the patient, it forms trust and calms the patient. If the trusts doctor follow patient nurse. the or he will the recommendations and take medication when needed.

Grade 11 Writing Cont'd

The last skill is teamwork. Teamwork in the medical field can be shown through employees and managers, which is a significant relationship everywhere. If a doctor and a nurse work well together, they will achieve their patient goal more quickly because they are communicating effectively as a team. Especially in the medical field, every member has a key role and collaborates with the patient to get better care.

To conclude, a vital element to being a good doctor is not just medical knowledge but also communicating with other patients and handling emotions in a balanced way. Therefore, soft skills improve with every situation you face. Practicing skills regularly can become a habit which is a good thing; on the other hand, soft skills can be learned as an ongoing process, and they can be helpful in the daily work of healthcare professionals.

Shouq Hussein 11A



Grade 11 Writing

Mohammad Faisal 11A

My Friend

Roses are red

Violets are blue

I love my friend

He loves me too



When I was bored you entertained Your smile always brightened up my day Your love for life could never be contained These memories I wish we could replay When I was sad you always cheered me up You made me feel like I was never lost Your heart was sweeter than a buttercup My friend with you is always worth the cost

Grade 11 Writing 80

Immerse International Essay Writing Competition Entry

ENGLISH LITERATURE

English literature is not looked at as something that would precisely have a history or how it developed and changed throughout the centuries. People do not give much attention and importance to it, like medicine or math. Everything has history, and I will be talking about the history of English literature. However, first, I will be introducing literature.

Literature is the study of life. It mirrors the society in which it is generated; nobody talks or thinks much of it, but literature comes from the Latin word "*literatura*", meaning writing assembled letters. They classify literature according to language, origin, historical periods, genre, and subject matter. Literature was a form of entertainment for the people. Over time, it accomplished the purpose of reform as well. The writers highlighted the social issues in their writing, for example, journalists or politicians. It drew the audience's attention to some issues and to think about the reform, from ancient civilizations to the modern era. Indeed, the works of literature have given us insight and understanding into the issues and trends prevailing at that time.

Moreover, literature also gives people the escape from the boredom of their life or the grim realities of life. It gave people the chance to read and helps escape from trivial reality into a meaningful reality, something they could genuinely learn from it. Furthermore, let us not forget that literature was a way of sending a message to the world. It gave people a way to express themselves. English literature recorded history, and people authored novels, short stories, poems and plays. The earliest works of English literature mirror the life lived by the region's people during that specific period. In Essence, all the changes that the English society underwent from the earliest to the modern time have left their imprints on English literature.

As we take a closer look at the timeline of English literary history, there are Eight significant periods in the history of English literature. Firstly, Anglo-Saxon, or English period (450-1066), included Heroic tradition: poetry focused on a hero's bravery.

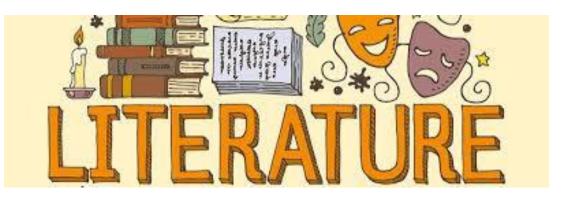
Grade 11 Writing Cont'd

Next, Elegiac tradition: writers mourned the passing of earlier, better times. Then, the Anglo-Norman middle English period (1066-1500). Popular forms of writing were chronicles, poetry, drama, religion, et cetera. After that came Shakespeare's renaissance period or age (1500-1660). It was focused on learning classical philosophy, literature, and art. Also came along the Neoclassical period, the Enlightenment age (1660-1798), concentrated on the classical art culture of ancient Greece and Rome and its structure at that time.

Furthermore, the romantic period (1798- 1837) was the age of a romantic movement in poetry. Lastly, in the Victorian period (18371901), concentration was the conflict between religion and science and going into human beings than nature, in addition to the contemporary period (1945-today). This is where the horrors of war, genocide, life experiences come through, real-life themes, transformations, consumption, and relative truth.

In conclusion, the history of English literature recorded history throughout the years. William Shakespeare created terrific things during that period, like poems and plays. Many people enjoy and still to this day, people are reading his novels and plays, and I carry his poems with me every day. His poems evoke a concentrated imaginative awareness of experience and a specific emotional response through language. Thus, English literature had a way of capturing history, and each stage was unique in its unique way.

Farah Nayef 11A



Grade 11 Writing

Family

My mom is caring, kind, and loves me a lot She comforts me when I'm sad, which is very nice. I have brothers, when I need them they're on the spot she would give us the world without a price

This next stanza is about my dad he likes working out, and I do too He helps me with my homework which is pretty rad and his favorite color is blue

I love my brother Fahad but sometimes he's annoying we share a lot of interests at videogames, he's destroying we're so identical you can't tell the difference

I love my family they're the best always here for each other without a rest

Grade 12 Channel Why should teenagers be taken seriously?

Shouting, misbehaving, disrespecting their elders, not listening, that is all the teenagers do, right? All they do is act reckless and irresponsible; have you ever wondered why, though? Everyone always complains about how teenagers behave, and therefore never take them seriously. Still, few people put in the effort to find out why teenagers act the way they do. Research shows that teenagers are the most neglected and misunderstood age group. They tend to be brushed off when it comes to discussing their emotions and ambitions, therefore causing them to act out in an unhealthy manner. We all know that teenagers will unavoidably be the future generation, so imagine how powerful our future generation could be if we started taking them more seriously. Teenagers act the way they do for numerous reasons, and the older generation needs to stop misconstruing teenagers. If the older generation takes teenagers more seriously, teenagers will feel more respected and perceived, leading to a more sustainable society.

Why do teenagers act the way they do? One of the most common reasons why teenagers act the way they do is because they are not taken seriously by adults. They are not taken seriously; therefore, they feel unheard and get overwhelmed, leading them to shout and act out. Research shows that affectional neglect may have devastating consequences, including failure to thrive, aggression, depression, low self-esteem, running away from home, and a host of other emotional disorders. As we all know, these things should not be taken lightly and avoided at all costs, yet no one is trying to prevent it; if anything, most adults enable it. Therefore, it makes no sense for adults to ridicule and underestimate teenagers because of their actions when their very own actions are the consequences of the way that adults treat them.

The older generation needs to accept the inevitable. Teenagers, at some point, will grow up and rule countries, armies, civilizations, etc. No matter what adults may think, society has changed. Teenagers are not like before; teenagers nowadays have access to the internet; they know all about the horrible tragedies that are occurring. They know about global warming, they learn about capitalism, about racism, about all the world issues. It makes no sense to treat modern teenagers like past teenagers. Teenagers have led many protests involving gender inequality, racial discrimination, and civil rights

I can list countless resources that claim that teenagers are the most educated, the most progressive, the least conservative and the least biased generation out of all the past generations. Finally, knowing all that, don't you think we should start encouraging teenagers to be the best versions of themselves? And not try to break them down?

How many times were you told as a kid to follow your dreams and never give up? Because I know that I was told by teachers, parents, elders, everyone in my case! But the minute I turned into a teenager, it suddenly went from 'dream big' and never give up to 'stop dreaming and act realistically'. How does it make sense for us to be told to follow our dreams but the minute we start achieving them, we are told to 'act more realistic'? It makes no sense. If anything, the teenage years are when you should start achieving your dreams and try to make your dreams a reality because we know that though teenagers are old enough to make a difference, they are still young enough to have nothing to lose. That opportunity should not be taken away from them just because people do not believe it is "realistic." Teenagers can do anything they make up their minds! Here are a couple of teenagers that changed the world!

"Joan of Arc was only 13-years-old when she led the French army in a significant victory against the English at Orleans (without any previous military experience), causing Charles VII to regain the nation in 1429. Whereas Louis Braille, a 15-year-old blind man, invented braille (the language for the blind) in 1824. Also, Mary Shelley was only 18 years old when she wrote "Frankenstein", the most classical piece of literature." So, to sum it up, teenagers are capable of anything and should be encouraged to achieve their dreams.

Long story short, at the end of the day, teenagers are still young and need validation and affection. When they do not get that, it can cause them to act immorally, yet even with all that, modern-day teenagers still manage to top the charts when it comes to the most skillful and open-minded generation. Teenagers are capable of anything and should always be taken seriously and encouraged to achieve their dreams.

Jaber Ahmad

Gr 12A

Is happiness something we can control?

Humans can feel a variety of emotions as they grow up. However, as we know, there is one emotion that everyone tries to seek in life: happiness! Nevertheless, many people think that the only way they could be happy is when they reach a specific goal when trying to achieve happiness. Although that can be true, we all know how life can have unexpected events, which we cannot control, just like how we cannot control our real emotions. We can change certain things and routines to fulfil the happiness we want, but what brings us happiness can only be decided by fate and what is around us. Even so, we can still control others' happiness by the actions we do and what we say. There can be many opinions on whether people can control happiness, but our real emotions cannot always be controlled the way we want them to.

Many people experience happiness in unusual ways, whether by getting their dream job or simply by getting a call from a friend. These feelings that come now are not things we easily control and choose or not choose to show. The happiness we get from these little things and achievements shows everyone how each person truly expresses themselves in their way, which is why happiness cannot always be easily controlled. It is decided by fate which is the inevitable events that are to happen in a person's life. We should accept the happiness that comes to us, primarily because this type of happiness is what many people seek and wish to have in every minute of their lives.

Although these emotions are not easily achieved, there are ways to change your lifestyle to make happiness easily found in life. Instead of always expecting things to come and bring happiness, we should start appreciating what we already have. It can make us happy about the petty things that have always been there throughout our lives. People should focus more on the experiences instead of the quality of things. Focusing on what is around you and the unimportant things you have can bring you a life full of happy moments that one can always cherish. These experiences can bring us joy, and memories can be shared with people who spread happiness along their way. This way, the cycle of happiness can continue and be shared around.

Is happiness something we can control?

Nonetheless, there is one happiness that can be easily controlled: other people's happiness. The way you act, your actions, and what you say can quickly affect other people's emotions, which is a reason to do good things around everyone, especially those you love. You could compliment the person, make jokes or mess around, and even be there for them to get the happiness they need. Seeing contentment in others can also bring untold joy to you. It is a desire to see happiness in yourself, so why not make others get the happiness they desire.

Controlling happiness depends on the situation you are experiencing. Whether it is happiness that you get from the things you love or creating space to bring happiness yourself, it is not always easy getting the pleasure you want to have in your life. However, happiness is undoubtedly coming with arduous work and appreciation for the trivial things you have. Controlling happiness can even mean controlling other people's happiness. If you cannot achieve your happiness, helping others achieve them can bring you the contentment you desire. However, happiness can only be controlled when you work to get the happiness you deserve.

Sheikha Al Ansari Gr 12



CBS EXPRESS Vol: 7 | Issue # 8

Grade 12 Channel

What I have Achieved in 100 Days of School

With a blink of an eye, boom! Time has flown. Days are passing by quickly more than we notice, like little steps we take when heading towards a goal. The awaited moment is getting closer and closer day by day, and I am here sitting and contemplating, "what have I learned and achieved during my 100 days of school?" There is so much to think about in my final year of high school. A step away from youth into a step closer to adulthood, and I prepared myself to be dependent during this phase! During which, the school has helped me as well. During the 100 days of school, I came out of my comfort zone from solitude for years. These were 100 days, but each day counted as progress for me.

"To express my opinions and know-how to voice them out." Is what I wrote in my journal at the beginning of the year. To get out of my comfort zone, I had to raise a voice. I began to make conversations with students and teachers on campus, discussing many topics without fear of being misunderstood. Everything worked as I wished toward my way to graduation from that starting point. My habits began to change, and I have become healthier in body and soul. I learned that writing is soul-nurturing, where I have practised writing in my journal about ideas and thoughts I have had, and I have become an expert at it according to my teacher's words.

At the beginning of the year, I have had a lot of fear and anxiety going blindly into a year of in-person school after spending two years in an online school. That fear was generated due to us doing exams in person. It was a tremendous pressure to memorize vast quantities of academic material. When exams finally approached, I became exhausted and unsure, despite my hard work and study. Up until my report card, I prepared myself to have low expectations. I WAS BLOWN AWAY when I finally received my report card with low anticipation. It turned out that I aced all my exams, and my final GPA was so satisfying that a rush of happiness consumed my body. The huge lesson I have learned is that anyone will receive as much as they gave; give time and hard work to study, receive excellent grades and knowledge, of course.

To sum up, I would consider these 100 days of school a shift in my life, from the person who would be safe in doing everything without taking any risks to an outgoing person coming out of her comfort zone. The way I have endured the shock of finally going back to inperson school and becoming a hard worker once again after two years of online school is truly an accomplishment. To end with excellent grades makes me so satisfied with my progress—leaving youth behind and becoming a responsible adult despite my desire to stay young forever.

Talal Zaid 12A

Controlling Happiness Is happiness something we can control?

Going back to my childhood, I always thought people and possessions could control my happiness. I would wait for my birthday to get gifts, making me happy. However, little did I know that these things or presents only create short-term happiness. Money cannot buy happiness; I agree with this phrase because I think money can just rent happiness. After all, happiness comes from within, satisfaction or contentment.

People think they would work to earn money rather than be happy. But what is happiness? In my opinion, I think happiness is the feeling of joy, satisfaction, and fulfilment in your own life and not about what you have or get. I think happiness is vital in a person's life, and it has its significant advantages. Most people strive to achieve happiness; they would do anything to catch a glimpse of happiness. As I get older, I truly understand the meaning of happiness and how I can attain it.

Everybody has his or her perception of happiness. We think that if I do this or get that, I will be happy, but that is not true. Although it can make you feel happy, it will create short-term happiness. Some individuals try their best and work to get money, and they do not care if they feel happy with what they are doing. But money cannot buy happiness, and it is true. It resonates with me as I tell myself that when I pick a job in the future, I will choose what I like to do. I would rather be happy with a moderate income than despise my job but get a high income. However, everybody has their mindset on how they view the issue.

Grade 12 Channel Cont'd

I agree that we can control our happiness, but you will ask how? Happiness is attained from within. But first, you need to understand what happiness is and what makes you genuinely happy. A massive factor that makes a person depressed is that they overthink the future outcome of an action rather than staying in the now and enjoying life's simple pleasures. Unnecessary overthinking leads to a stressful life and further health issues. A person's level of happiness is also determined by the type of support system he or she maintains. Having a supportive family or group of friends helps you to be happy. It is critical to communicate and interact with the outside world. Communication is beneficial; having someone to talk to is essential to happiness. To achieve happiness, you must first understand what it is. It is up to you; if you are in a challenging circumstance or have made a mistake, you may always strive to find enjoyment in the present moment. Thinking well of people will make everything less complicated. Approaching everything with a good state of mind helps lead a happier and easier life.

Being happy and healthy are directly related to a certain extent. Happiness lowers your blood pressure, enables better sleep, lowers your risk for cardiovascular disease, improves your diet, allows you to maintain average body weight through regular exercise, and reduces stress. Having a positive attitude makes you joyful and people around you happier. Trying to look at life positively and find the hopeful and encouraging scenarios out of everything sure makes your life happier. Scientists have been studying happiness for a long time. They have found many positive effects of happiness: less aggression, more compassion, higher self-esteem, less anxiety, and a longer lifespan. Even though happiness is tremendously necessary, people do not give much importance to being happy. People think happiness is not controlled, and they wait for something or someone to make them happy.

I think you can choose to be happy by doing what makes you happy and try not to do what makes you unhappy. Happiness has its many advantages, and there are many ways to find happiness and attain it. Happiness is the best medicine in life. Being happy is a choice that you can control. If your mindset wants to be joyful, you can, but do not wait for something to make you content. Lastly, life is short; why waste it on being melancholic and pessimistic?

Mohammad Ahmad 12B

We all have gotten a bad grade in our life at some point. It is not the best feeling in the world. Grades have affected students worldwide in many ways, both positively and negatively. When we enter school, we have two primary purposes. The first one is to learn and understand the given subjects, and the second is to achieve high grades to determine your knowledge level. The second purpose is what demolishes a student's creative abilities. While the grading system can help students set goals and reach higher academic expectations, the negative impacts of the grading system can be more potent on students. Many students suffer from mental health issues under pressure to perform well and get high grades. It sometimes causes students to condone cheating and other various things to avoid the problems caused by the grading system.

One of the most common causes of mental health problems is stress. Everyone has felt stressed at some point in their lives, and it is unpleasant. A new study finds that when students experience a terrible grade, the amount of cortisol, a stress hormone, spikes throughout the body. You will see that most students always complain about how much stress is on their shoulders. Even the students who are considered academically "smart" face stress problems due to the constant pressure to do better. The main reason students get so stressed is that their future depends on their grades. Students should not be judged by their grades since many students have different skills and abilities. A student might be highly creative and intelligent in something but poor at taking a test or memorizing. Students should not just be judged by how smart or intelligent they are because of how well they did on a test. They should feel okay in not doing their best on a test since it can make them learn from their mistakes and not leave much pressure because of the lousy grade they received. The lack of ability to do good on tests can destroy a student's mental health. First, it will cause stress and long-term stress, leading to various extreme mental issues like depression and anxiety. Having bad grades can also make a person feel very ashamed and lead to bullying.

Bullying is one of the problems that many students face in school. People can bully you for a reason or just for fun and no reason. It stems from a student doing something that strikes the bully's attention. One of the things that students can get bullied on is their academic levels. This type of bullying can ruin a student's self-esteem. According to the grading system, you are not academically competent if you get a low grade.

Another mental problem that bullying can cause is anxiety. Students can feel so anxious about bullying or test-taking that it can even lead to severe panic attacks. As for the students who have always gotten good grades, they unfortunately also can suffer from bullying and mental health issues. Out of jealousy for getting high grades, other students will pick on them to get on their nerves. This type of bullying can also create an environment full of competition. It allows students to compete to see who can get a higher grade which might seem helpful outside but, it just messes up a person's mental state. It can even make students threaten each other, and if another student does not get a high grade, they will get bullied. It is where pressure and anxiety come to play due to the fear of not wanting to get mocked. When students think that they have run away from bullying, they face an even bigger problem: cyberbullying. Cyberbullying is when people bully through the internet. The internet can be a very harsh and disturbing place, but it can also be where most people escape. Since students escape from school due to bullying, they are faced with an even bigger bullying problem at home through their mobile screens. It makes students depressed, and anxiety reddened wherever they go.

Creativity is a skill that is unbelievably valuable everywhere because it can help develop new and innovative ideas. You will notice that little kids can be highly creative, and it is because they are not pressured or commanded to do certain things that will take them out of the creative scheme. Children around the age of 6 tend to use their imagination a lot since they are learning many different and new things. Imagination helps in the process of critical thinking and creating innovative ideas. Unfortunately, this type of imagination and free-thinking is brushed off when students get older. As you get older, you will see that everything seems to be inside a box. Students need to follow specific rules and commandments for them to "succeed" in life. There is even a whole stigma around that the arts are seen as less important than other subjects like math and science. It can cause students interested in entering the arts to be discouraged and lose their ambition. Arts are just as important as science and math. It allows us to freely express ourselves, become creative and invent possible grandiose things in life. I mean, think about it, the arts are what teaches us about problem solving and communication. Without these skills, math and science will not succeed in the way it does in our day and age.

Grade 12 Channel Cont'd

The grading system's biggest flaw is that it teaches kids that making mistakes is the worst thing you can ever do. Most of the grading systems worldwide focus on mistakes. This type of thought process can make students fear failure and mistakes. If the grading system were not harsh and could accept mistakes, there would not be a problem saying a "wrong answer". When you raise your hand and want to answer a question but start doubting yourself if your answer is correct, many students go through this same type of struggle. Back to the other topics that we discussed, like bullying, kids are afraid to say their answer because of the fear of getting mocked and getting a "wrong" answer. Nobody is perfect in this world, and everyone has at least made some mistakes in their life, whether it is a big or small mistake. Not wanting to get a wrong answer will lead students to cheat. Cheating is one of the most wellknown types of problems around schools. Due to the fear of being wrong that the grading system has set on us, students will go out of their way to avoid facing this fear. If we did not make mistakes, we would not have learned the lessons we got out of these mistakes. Therefore, I think that "doing wrong" is not that bad. It allows students to learn differently than their usual way of learning. It allows students to become wiser and more experienced and even recognize that they are making a mistake. It is imperative to recognize what is wrong and right, but I think it should be done in a way that puts less pressure on students not to be afraid of committing to these new experiences.

To sum it all, the negative impacts that the grading system has on students do not justify the positive impacts that it can have. The regular written and oral evaluations of students' work is a much better option than the grading system that is more common. These negative impacts are not just small ones. They can lead to much bigger problems in the future. Education and learning must not be a place where students feel fear. Fear from the pressure of constantly being perfect or having to deal with mental health issues. There should be an environment where there is no competition and no right or wrong answers. Although students should learn what is right or wrong, they should not constantly be pressured to get the correct answer for everything. Our education allows us, as humans, to be creative and innovative, and if education fails to do so, how can our generation move forward?



94

Loulwah Khaled 12B

Puzzle TIME 95



UPCOMING EVENTS at CBS

Final Assessment Week: GR 3-5 - June 1st – 9th

Final Exams: GR 6-11- June 1st - 9th

SK Graduation- June 2nd

GR 12 Graduation – June 9th

Last Day for Students- June 9th

Report Cards go Home /Exam Review Day- June 15th

Credit Recovery/Summer Camp Begins- June 19th



CBS EXPRESS The First English Language Newspaper @ CBS Editor in-Chief: Ms. Kirti. S Editor: Ms. Monique 96